



CATERING



salads served with fresh romaine and iceberg lettuce unless specified otherwise



CHINESE CHICKEN shredded chicken breast, dry chow mein noodles, pickled ginger, carrots, with sesame dressing



DELUXE TUNA Our world famous tuna, shredded mozzarella, tomatoes, carrots, cucumbers, sunflower seeds, with original house dressing



NOODLERAMA • • • rice noodles, shredded chicken breast, carrots, cucumbers, and pickled ginger, with spicy asian dressing



HIGH PROTEIN 🔴 😑

shredded chicken breast, almonds, cashews, shredded mozzarella, tomatoes, carrots, cucumbers, sunflower seeds, with original house dressing



COBB SALAD 😑

shredded chicken breast, shredded mozzarella, soy bacon bits, sliced egg, carrots, tomatoes, cucumbers, with ranch dressing



TUNA AVOCADO 🔴 🔴

our world famous tuna, avocado, tomatoes, sprouts, sunflower seeds, with original house dressing



DELUXE O O shredded mozzarella, tomatoes, carrots, cucumbers, sunflower seeds, with original house dressing



SPICEY RICEY

warm long grain rice, avocado, cucumbers, carrots, and pickled ginger, served on romaine and iceberg lettuce, with spicy asian dressing



ORGANIC QUINOA 🔵 😑

organic red and white quinoa, carrots, cucumbers, red onions, tomatoes, sunflower seeds, almonds, cashews on a bed of fresh spinach and kale, with original house dressing

🔵 vegan

😑 vegetarian



small: serves 5-7, large: serves 10-12



DELUXE TUNA SALAD



CHINESE CHICKEN SALAD



HIGH PROTEIN SALAD 🗕



COBB SALAD 🔶



NOODLERAMA SALAD 🔶



DELUXE SALAD



ORGANIC QUINOA SALAD



SPRING ROLLS •

rice noodles, carrots, cucumbers, lettuce and sprouts, neatly wrapped in thin rice paper, served with spicy asian dressing (24 pieces)

😑 vegetarian

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😑 gluten free
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sandwiches served on multigrain bread



12 half sandwiches - an assortment of our best selling sandwiches: Tuna Avocado, Tuna, Spicy Tuna, Chicken Salad, Egg Salad and Turkey



includes a full sandwich & kettle potato chips



TUNA AVOCADO



CHICKEN SALAD



SPICY TUNA

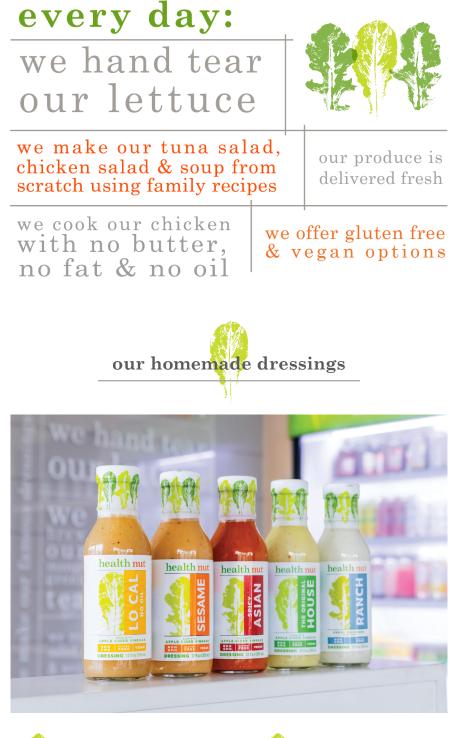












gluten-free ingredients vegan-friendly (except for our ranch)



crafted from family recipes

non-GMO

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Questions? Contact us at catering@healthnutla.com

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